

You Have What It Takes!

This worksheet is designed to help you assess your strengths and experiences to best identify how to leverage those to accomplish new goals and objectives.

Analyzing Your Strengths

Executing Strengths:

Description: You know how to make things happen! When something needs to be implemented or worked out you have the ability to take an idea and make it a reality.

Influencing Strengths:

Description: You are someone who knows how to influence and encourage others to act. You may serve as a strong voice and advocate for others and make sure the right voices are heard.

Relationship Strengths:

Description: you provide the essential connections to hold a group or community together. You have a unique ability to make a group stronger than the sum of its parts

Strategic Thinking Strengths:

Description: You excel at seeing the possibilities and ideas ahead. You can absorb and analyze information and help use it to make better decisions and clearer paths forward.

Skill Areas:

Description: These may be specific skills related to building, art, athletics, creativity, or academic skills. Could include communication, teamwork, specific knowledge areas, etc.

What are your strengths?

EXECUTING

INFLUENCING

RELATIONSHIPS

STRATEGIC THINKING

SKILL AREAS

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Looking back on your life, what are the things you've worked toward to achieve? what did you do (for example, practice every day or ask questions of someone who knows more than you) and what did you believe (for example, "I can do this" and "I won't give up") that made it possible for you to achieve those things? How can you apply those same practices and beliefs to your college leadership experiences?

If we asked the people who work with you in this student organization (members, peers, leaders, advisors, mentors) to describe your strengths what would they tell us?

Take a moment to reflect on where you want to be after college. What do you imagine yourself doing? With whom may you want to connect or continuing being connect with along this journey?
